

CONDOMS CAN ALSO REDUCE THE RISK OF PREGNANCY

## HOW TO BE SAFE

reduce the risk of STDs, including HIV

### abstinence

The only method that is 100% effective in preventing STDs, including HIV.



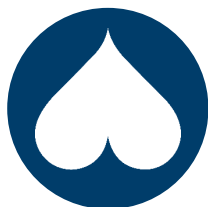
### condoms

99% effective against HIV and other STDs when used consistently and correctly every time.



### testing

make sure you and your partners are routinely tested and treated for any possible infections



for more information on STDs and testing, visit [www.LouisianaHealthHub.org](http://www.LouisianaHealthHub.org)

GET AN STD TEST **TODAY**

Getting an STD is more common than you think. In fact, 1 in 2 young people will get an STD by the time they are 25. Many STDs do not have symptoms, so testing is the only way to know for sure.

**50% OF NEW STDs**  
ARE IN PEOPLE AGES 15-24

**BUT <12%**  
SAY THEY HAVE BEEN  
TESTED IN THE PAST YEAR

**ASK YOUR DOCTOR ABOUT  
TESTING FOR STDs TODAY**

[www.LouisianaHealthHub.org](http://www.LouisianaHealthHub.org)